

## **Everest Public High School**

Student Handbook 2012-2013

**Everest's Mission:** To prepare a diverse student population for college and to be thoughtful, contributing members of society.

**Everest's Vision:** To provide a meaningful high school experience that prepares young men and women not only for college, but also for adult life. Everest offers a program that develops the entire range of capabilities—intellectual, physical, emotional, and social—to equip its students with the knowledge, skills, and strength of character required for success in their life pursuits. The six core character traits that we strive to understand, model, and internalize are:

COURAGE
COMPASSION
CURIOSITY
INTEGRITY
RESPECT
RESPONSIBILITY

"If you would hit the mark, you must aim a little above it: Every arrow that flies feels the attraction of earth."
-Henry Wadsworth Longfellow

Everest Public High School 455 Fifth Avenue Redwood City, CA 94063 Phone: (650) 366-1050/ Fax: (650) 366-1892 at http://www.everestphs.org

# COMPASSION

"Compassion is having sympathy. It's having the kindness in your heart to help others out when they're in need. It's considering other people's feelings when you want to say something." -Jocelyn Seeley, 2013

"Compassion to me goes further than simply understanding how others feel and responding accordingly. For me, it's more of having the ability to sense others' troubles and go out of your way to help them get back on track and make sure they're okay before going on your way." -Vanessa Arteaga, 2013

Compassion Is	Looks Like	Is Not
<ul> <li>Empathy (walking in another</li> </ul>	<ul> <li>Feeling another person's pain, joy,</li> </ul>	Putting oneself before others.
person's shoes)	suffering, or pride.	
		Put downs
<ul> <li>A desire to help others</li> </ul>	Volunteering in the community	
		Indifference or cruelty.
A sense of responsibility for	Actively participating to help	Thinking and acting according to
others'	another	one's own needs only.
success and well-being.	person succeed.	

We expect that at the end of four years, Everest students will feel responsible for not only their own success, but that of their peers. We will have a culture where students regularly work together, depend on each other, and contribute to the formation and maintenance of a learning community.

#### Volunteerism:

Families and Students: Support from parents, students, and community members is integral to the success of Everest Public High School. Everest's extraordinary classroom instruction and extra-curricular activities are made possible through the volunteer assistance of community members and parents. **Everest expects that all parents of Everest students, or the students themselves, to volunteer at least 30 hours per school year**, either at the school site or by serving on one of many committees. Everest will also develop unique volunteer opportunities based on family needs, resources, and abilities.

#### **Community Service:**

One of the goals at Everest Public High School is to graduate students who are knowledgeable, active, and caring global citizens. This means students who not only care about themselves, but about the world in general. Students who are concerned about the well-being of others will make the time to volunteer their services when it is appropriate. During your PLP meeting, students will discuss opportunities and plans to be active in community service on a regular basis and/or through an intersession experience. Volunteer experiences are incorporated into the Everest curriculum, but we always encourage students to seek additional opportunities.

### Acknowledgement and Signature

It is extremely important to the faculty of Everest Public High School that all students and parents read and understand this handbook. All of the information contained within will be of the utmost importance for the success of the student. PLEASE SIGN BOTH SECTIONSAND RETURN THE BOTTOM SECTION OF THE PAGE TO EVEREST PUBLIC HIGH SCHOOL. PLEASE KEEP THE TOP SECTION FOR YOUR RECORDS.

Print Student's Last Name	Print Student's First Name	Grade Level	I
		Parent Initial	Student Initia
We have read and agree to the <b>Studen</b> 2012-2013.	t/Parent Handbook for Everest Public High School fo	or	
We have read and agree to the <b>Schoo</b> for Everest Public High School.	Rules and Expectations and Disciplinary Action		
We have read and agree to the <b>Attend</b> School.	ance and Tardy Policy for Everest Public High		
We have read and agree to the <b>Accept</b> agree to follow all policies.	table Use Policy for Everest Public High School and		
Parent/Guardian Signature & Date		Student Sigr	nature & Date
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